

# Weekly Update 10-28-09



*Daylight savings time ends November 1<sup>st</sup>. Remember to set your clocks back one hour.*

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**Give a little for the little ones. Drop off by October 30th**

## **Helping the Fuzzy Ones Fundraiser**



**Organized by the High School Career Explorations through Community Service Class**

This semester, the Community Service through Career Explorations class has decided to support the San Diego Humane Society. The SDHS is a non-profit organization that does not receive government or public funding. They are able to continue providing services to animals and animal owners by receiving funds and donations from contributions and grants. We would like to provide assistance by donating items that are on their wish list. We will be putting displays up at our South County and East County sites with items that we will be collecting but we will be accepting donations from all sites if you wish to participate. All donations are appreciated and we will be presenting the Humane Society with all of the donations that we collect on November 1<sup>st</sup>. **Please deliver to your site by October 30<sup>th</sup>**. The Humane Society Wish List can also be accessed at the following web address: [http://www.sdhumane.org/site/PageServer?pagename=don\\_WishList](http://www.sdhumane.org/site/PageServer?pagename=don_WishList)

Thank you for your support.



## *November 4<sup>th</sup> Deadline*

*For:*

*Jr. Pioneer Ways – November 18<sup>th</sup>*

*Legoland – November 20<sup>th</sup>*

*Museum of Tolerance - February 18<sup>th</sup>*

*Please submit your field trip form along with payment to your site by November 4<sup>th</sup> for the above fieldtrips. For more information visit our website. Don't miss out on these fun, learning experiences!*



**Red Ribbon Week**

**October 26<sup>th</sup> - 30<sup>th</sup>**

*Take the Red Ribbon Week pledge: "I pledge to be drug free and support California's Red Ribbon Week by taking a stand against drugs and alcohol."*

**Mon**-Wear a Red Bracelet – Available at all GSDA sites!

Wear red socks to show that you're "socking it" to alcohol, tobacco, and drugs

Sign the GSDA Healthy Lifestyle pledge banner

**Tue**-Wear a Red Bracelet

Give someone else a Red Bracelet to wear

Wear your shirt backwards to show that you turn your back on drugs

**Wed**-Wear a Red Bracelet

Have a discussion with your parent –teacher about the harmful effects of drugs, alcohol, and tobacco

Make a poster and hang it up at your GSDA site

**Thurs**-Wear a Red Bracelet

Make a list of ways that you can say no to drugs

Talk to your parent-teacher about actions you can take toward a healthy lifestyle

**Fri**-Wear a Red Bracelet

Wear sunglasses because you're Too Bright for Drugs!

Parent-Teachers – Talking to your kids about the risks of drugs, tobacco, and alcohol is important. By having regular conversations with your children, they are less likely to use drugs. Please visit Time to Talk, an on-line community, resource, and toolkit to help parents start conversations with their children about a healthy, drug-free lifestyle. <http://www.timetotalk.org>

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### High School Math/CECS Labs

This is a reminder that High School Math and Career Explorations through Community Service labs will not be meeting the week of **November 9<sup>th</sup> through November 13<sup>th</sup>**.



## Website Wonders

What a fun website! Teaching the keyboard or just brushing up. All ages.

<http://www.typingmaster.com/games/bubbleapplet.asp?keys=abcdefghijklmnopqrstuvwxyz&Submit=Start+Game>

### Another new one to try

[www.starfall.com](http://www.starfall.com) is a great site for Pre-K through 2<sup>nd</sup> grade for reading skills, colors, calendar skills, numbers, etc.

Starfall has now expanded their program with <http://more.starfall.com/> geared at Kinders.

It includes:

- interactive games featuring colors and numbers
- Rebus stories and puzzle games for high-frequency word practice
- 16 new decodable short vowel books
- Animated motion songs
- Math songs
- Customizable practice page generators
- Downloadable lesson plans
- Children's songs & nursery rhymes
- And more!

However, there is a \$35 fee for 3 student accounts. One of our EC families has purchased an account and would like to split it with other families. Please contact Michelle D'Augusta at 619-669-3059 or [mdaugusta@jdusd.net](mailto:mdaugusta@jdusd.net).



**P.S.** The YEARBOOK Committee is asking families attending the field trips and events to please take pictures and submit them to [rpelton@jdusd.net](mailto:rpelton@jdusd.net). Your picture could be in the 2009-2010 Yearbook!