

# Weekly Update 01-20-10

## Field Trip DEADLINES:

**January 29** Catalina Marine Science Camp  
See your January Newsletter or your Site for more information



## GSDA Spelling Bee

Who: Students in grades 3-6

When: January 25, 2010 at 9:00

Where: GSDA Central County

Spell-offs will be held for students in grades 3-4 and grades 5-6. Groups are small, so join the ranks and have fun with spelling!

Word lists are available on our website or from your site administrative assistant.

Words are taken from grade-level curriculum.

Please RSVP to Kristie Remyly if your child will participate ([kremaly@jdusd.net](mailto:kremaly@jdusd.net) or 619-669-3063).

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## **Cyber Safety:** *What Parents Need to Know*

Sexting-Cyberbullying-Sexual Predators

The San Diego Internet Crimes Against Children Task Force and San Diego Police Foundation are providing tools to facilitate smart cyber choices for our first online generation.

Who: Parents and other adult caregivers (not appropriate for children under 12)

Free childcare for children under 12

When: Wednesday, January 27 5:30-8:00 p.m.

Where: West Hills High School Theater, 8756 Mast Blvd., Santee, CA 92071

Cost is FREE. Free Transportation is provided. Please **RSVP by January 21** (858)453-5060

For more information or to register visit [www.sdpolicefoundation.org](http://www.sdpolicefoundation.org)



## Catalina Marine Science Camp

*"Ranked as one of the top ten diving destinations in the world."*

**Description:**

Enjoy a three day, two night Marine Biology Camp on the beautiful island of Catalina! It has some of the most preserved natural history in California. Secluded coves offer incredible visibility for snorkeling, and hiking trails often avail animals such as deer, buffalo and the island fox. MSA is located at Emerald Bay Cove which is known to be the most beautiful cove on the island and is one of the top 10 snorkeling spots in the world. Crystal clear water hosts vast amounts of sea life found nowhere else on the island. Each student will get a hands-on educational experience as they explore the renowned Pennington Marine Science Center. The Plankton Lab, fish aquariums, shark touch tanks, and invertebrate touch tanks are a few of the amenities that make this an unparalleled research and study center.

**When:** Monday, March 22 to Wednesday, March 24, 2010

Check in at 8:00 a.m. at the Long Beach ferry landing

**Where:** Catalina Island, Emerald Bay

**\*PARENTS ARE RESPONSIBLE FOR TRANSPORTING THEIR CHILDREN TO THE FERRY IN LONG BEACH\***

**Who:** Students in grades 4-12.

**Cost:** \$242.00 for each participant. *Reserve your enrichment units!*

**Additional Information:**

- ⌚ Parents may attend too! Attending parents are considered chaperones; will sleep in cabins with students; must pay full price for the trip and be *fingerprinted* (paid by GSDA) by January 15.
- ⌚ More Information: [http://www.mountainandsea.org/emerald\\_bay.php](http://www.mountainandsea.org/emerald_bay.php)
- ⌚ **ALL parents and students are required to attend a pre-trip meeting on Friday, February 19 from 10-12 in Central County.**

For questions, contact Michelle D'Augusta at 619-669-3059

Attending Consultants: Ann Mortimore, Michelle D'Augusta & Bob Anderson

*Send your field trip request form with payment or Enrichment Units Reservation to your resource*

*center by **January 29***

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## **PE Testing 5<sup>th</sup>, 7<sup>th</sup>, 9<sup>th</sup>\*, 10<sup>th</sup>\*, and 11<sup>th</sup>\* graders**

**Come join us for PE testing!**

East County: Tuesday, February 23 from 1:30-3:00. Meet at the Oak Grove Middle School Track.

South County: Tuesday, February 23 from 1:30-3:00. Location to be determined.

North County: Date and location to be determined

Central County: Monday, February 22 from 12:00-2:00. In the park at N.E. corner of Black Mountain and Gold Coast

\*Although GSDA's PE graduation requirement is two years, the State of California requires that all students in non-charter public schools pass the 9<sup>th</sup> grade Physical Fitness Testing in order to be exempt from four years of PE. If a student does not pass the PFT in 9<sup>th</sup> grade, they may elect to take the test again in 10<sup>th</sup> and 11<sup>th</sup> grade. Although GSDA will not require four years of PE for those students not passing the PFT, should those students transfer to a non-charter public high school, they may be required to have four years of PE in order to graduate.

Students will participate in 5 required events:

mile run, sit ups, trunk lift, push-ups, shoulder stretch. Visit the following websites for information about the events and passing scores.

Physical Fitness Test (PFT) Parent Guide

<http://www.cde.ca.gov/ta/tg/pf/documents/0809pffitgram.doc>

Healthy Fitness Zones <http://www.cde.ca.gov/ta/tg/pf/documents/healthfitzone08.pdf>

Administering the FitnessGram <http://www.pft-info.org/home1.aspx>





## Attention Families:

The **2010 GSDA Yearbook** is Coming!

We need pictures of **You!**

Send us pictures of **You** doing what you do best or enjoy the most.

Email pictures to [rpelton@jdusd.net](mailto:rpelton@jdusd.net)

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**GUITAR CLASSES IN SOUTH COUNTY**



South County would like to add a guitar class for students!  
Just \$40 per month for one hour per week of lessons (use elective funds)!

Proposed day/time: Wednesday afternoons

**What a deal!**

If you are interested, please sign up with Mercy at [marreola@jdusd.net](mailto:marreola@jdusd.net)

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## We've made some changes to the EC Class Schedule

Tuesday: Open tutoring (all subjects) Grades 9-12 is from 12:00-3:00. Students need to bring work they need help with.

Thursday: Spanish (K-2) will now be at 12:15-1:30

Thursday: Health & Wellness (K-2) will now be at 1:30-2:30

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## Science Field Day is Coming!

Who: All students in

When: March 15 from 11:30-2:30

Where: Pepper Grove Park in Balboa Park

What: Hands on experiments, special presenters and a Science Olympics competition!

See the [flyer](#) on our website!!!

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## Parent Connect Meetings

Parent Connect Meetings are:

An opportunity for you to meet other parents

A time to brainstorm new ideas to make GSDA a better place

A time to learn secrets from other parents and consultants to make your job easier

A place to share your ideas

A place to discover other wonderful homeschooling families



Please join [South County for the January Parent Connect Meeting](#)

Wednesday, January 27 at 12:30

**RING IN THE NEW YEAR WITH NEW FRIENDSHIPS!**

This month's focus: Thematic Units ~ Planning Across the Curriculum

**We hope you can make it!**



## GSDA North County Parent Connect Meeting

Tuesday, Jan. 26 at 1:15

**Special Presentation by Dr. Elizabeth Garza**

**Literacy Instruction Workshop**

**For Parent-Teachers**

and

## East County Parent Connect Meeting

Thursday, Jan. 28 at 1:30

Topic will be "*How to incorporate technology in lessons*"

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Mark your calendar

**STAR Writing Test!**

Who: All students in Grade 7

When: March 2<sup>nd</sup>  
10:00 A.M.  
Where: Your Site!  
Resources:

<http://www.cde.ca.gov/ta/tg/sr/documents/ptgdwritingtst.doc>  
<http://www.cde.ca.gov/ta/tg/sr/documents/cstgr7wrttg.pdf>

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## Mark your calendar

### **Early Assessment Program Writing Test!**

Who: All students in Grade 11

When: March 9<sup>th</sup> – 10:00 East County Resource Center  
March 10<sup>th</sup> – 10:00 Central County Resource Center  
March 11<sup>th</sup> – 10:00 South County Resource Center

What: Why wait until taking the EPT and ELM to find out what subjects you need to brush up on and which topics you already excel at? The Early Assessment Program (EAP) is designed to help high school juniors and seniors improve weak areas and polish strong ones by the time they begin taking classes at CSU or their local community college. This will allow you to develop the skills necessary while in high school to take college level courses in college, instead of spending the fees to take remedial classes in college.

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## Mark your calendar **California High School Exit Exam!**

Who: All students in Grade 10  
Students in Grades 11 and 12 who still need to pass  
When: March 16th - CAHSEE English Language Arts  
March 17th - CAHSEE Math  
10:00 A.M.  
Where: Your Site!

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## ***More Websites to explore:***

### ***Saturday Science Club for Girls***

<http://www.rhfleet.org/site/education/SatSciencClub4Girls.cfm>

A parent shared this website: [www.homeschoolmath.net](http://www.homeschoolmath.net) It has lessons, videos, worksheets and links to online resources along with placement tests for Singapore, Saxon, and Math U See.