



**Turning Strength Into Leadership**

## **Peer Pressure – Staying Connected to Your Truth**

**September 26th 2009**

**9am-11:30am**

Young women are faced with an overwhelming amount of self-defining, potentially life-altering, decisions each day: drugs, alcohol, sex, bullying and more. Providing consistent & supportive messages increases the likelihood that the teens in your life will make strong value-based decisions in the face of tempting pressure situations. This workshop provides an opportunity for girls to become clear about who they are and what they value, a great compliment to family discussions and school curriculum.

Empower the young women in your life by including them in this dynamic peer based conversation designed to point them to their inner strength & help them walk stronger as a leader in their own lives and communities.

### **Finding Strength through Knowledge!**

Back by popular demand, Teen Truth Live will join us with another impactful interactive multi-media experience. A screening of the award-winning film “Teen Truth: Drugs”, created with the help of students, focuses on the social issues that can lead teenagers to use drugs and alcohol. This begins our exploration of positive and negative peer pressure and provides students with a critical understanding of drug and alcohol abuse, raises an awareness of the consequences associated with such abuse, and teaches students to think about how their choices can affect campus and community wide change.

The Teen Truth presentation sets the tone for a powerful discussion where girls will be invited to consider their values and to make a commitment to honor their values through choice-making that has a positive impact on their own lives and those around them.

### **Who is invited:**

Middle & high school girls, youth leaders & educators, mothers and women interested in learning more about our program.

### **How to Register:**

Registration fee is \$5.00—scholarships are available. You can register online below (payment via Paypal).