



Yogurt Mill Field Trip

This yogurt shop has been a favorite in East County for 30 years. The mill converts live, active culture liquid yogurt into frozen soft serve. The owner of the mill leads the tour entwining community and job responsibility into showing the actual making of the soft serve yogurt. The soft serve and toppings for the kids at the end of the tour is also free! Parents are to chaperone their children.

Be ready for a real treat!

Resources Available:

http://www.atozteacherstuff.com/Themes/Food_Nutrition/

http://www.teach-nology.com/teachers/lesson_plans/health/nutrition/

<http://dairyspot.com/>

Grace Ingrande will be your GSDA representative for this tour.

When: Tuesday, October 13th
Time: 9:00 a.m. (assemble together)
Cost: FREE
Ages: All Grades
Where: The Yogurt Mill
935 Broadway
El Cajon
#619/579-1566

For questions
contact Laurel
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Greater San Diego Academy

Send your field trip
request form to your
site by October 8